

Wisconsin Local Wellness Policy Triennial Assessment Report Card

In accordance with the U.S. Department of Agriculture's Final Rule: Local School Wellness Policy Implementation, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years. The assessment requirement is designed to result in local school wellness policies that strengthen the ability of SFAs to create a school nutrition environment that promotes students' health, well-being, and ability to learn. The assessment must measure the SFA's compliance with their local wellness policy, describe the SFA's progress toward meeting their local wellness policy goals, and describe how the language in the SFA's wellness policy compares to the model wellness policy. **The Wisconsin Local Wellness Policy Triennial Assessment Report Card is required to be used by all Wisconsin SFAs in order to fulfill the triennial assessment requirement.**

As part of the Triennial Assessment Report Card, SFAs are required to complete the Wellness School Assessment Tool (WellsAT). The WellsAT allows SFAs to rate the extent to which their policy contains language related to 67 policy items considered to be best practices for school wellness. Please note, the WellsAT only evaluates policy content. If your SFA has implemented best practices but has not included language within the policy, you must select the rating that corresponds with no policy language present. Once completed, an overall comprehensive score and strength score will be calculated. The assessment can be completed electronically at wellsat.org. To complete the assessment electronically, you will need to log-in to the online portal or register as a new user and begin a new assessment. The assessment may be completed manually by downloading the [assessment questions](#) and filling out the [scorecard](#) with your responses.

Completing the Wisconsin Local Wellness Policy Triennial Assessment Report Card

The Triennial Assessment Report Card template can be found starting on page two of this document. Navigate through the fillable form fields and enter the indicated information. The form fields are identified as appearing in brackets and with a gray background (`{Example Form Field}`).

- 1. Assess Compliance with the Local Wellness Policy.**
Enter SFA wellness policy statements and rate the degree of compliance. Delete any rows within the tables that are not needed. Additional rows may be added as needed. Calculate the overall rating by taking the average of all policy statement scores.
- 2. Describe the overall progress made toward meeting policy goals.**
Provide a narrative update describing progress achieved, activities implemented, and plans for future wellness policy implementation.
- 3. Report on results of the WellsAT.**
Describe areas of policy strength and areas for improvement based on the findings of the WellsAT. You may elect to include your WellsAT scores within the Triennial Assessment Report Card. If you do not want to include your scores, delete the text from the section.

Following completion of the Triennial Assessment Report Card, release the report to the school community. SFAs are required to provide documentation that the results of the triennial assessment were provided to the public as part of the Administrative Review of school nutrition programs. It is recommended you delete this instructional page prior to releasing the report.

This institution is an equal opportunity provider.

Pewaukee School District

Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2020-2021

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Colin Jacobs, Human Resources Director, (262) 695-5061.

Section 1: Policy Assessment

Overall Rating:

{Score}

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
Foods and beverages sold or served at school shall meet or exceed the nutrition recommendations of the USDA’s wellness policy regulations underneath the Healthy, Hunger-Free Kids Act of 2010 – USDA’s Nutrition Standards for all Foods Sold in Schools (Smart Snacks) rule. Reimbursable school meals shall meet all applicable state and federal regulations including standards.	3
Nutritional guidelines shall be made available for all foods provided by the District with the objective of promoting healthy choices and life-style behaviors and decreasing obesity. The District policy and goals should be considered when planning school-based activities such as school events, field trips, celebrations, PTO/Booster Club functions, dances and fund raising activities including ala carte items, school store, vending machines and other school-sponsored fund-raisers.	3
Schools shall restrict food and beverage marketing to only those foods and beverages that meet the nutrition standards set forth by USDA’s Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule.	2
Qualified food service staff with the assistance of a nutrition professional shall plan and provide students with a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students and shall provide clean, safe, and pleasant settings and adequate time for students to eat. Schools shall ensure the availability of free drinking water throughout the student day.	2
Information regarding eligibility requirements for free and reduced lunch needs shall be provided to families. Student information for free and reduced lunch and unpaid lunch balances shall be handled without stigmatizing students or families.	3

Nutrition Promotion	Rating
Non-food celebrations shall be promoted and a list of ideas is available to staff and family members.	2

Nutritional guidelines shall be made available for all foods provided by the District with the objective of promoting healthy choices and life-style behaviors and decreasing obesity.	3
Decisions made in school programming shall reflect and encourage consistent positive nutrition messages and healthy food choices.	3
The District values the health and safety of its staff members and shall plan and implement materials and activities that support and promote healthy behaviors.	3
The District shall encourage staff to participate in healthy eating, physical activity and wellness activities.	3

Nutrition Education	Rating
Schools shall provide nutrition education and physical education to foster lifelong habits of healthy eating and physical activity	2
Schools shall establish linkages between health education and school meal programs with related community services.	2
Healthy nutrition and physical activity shall be integrated across curricula and encouraged as a life-long behavior for the school community.	2
Schools shall implement nutrition and quality physical education programs as a part of a sequential, comprehensive school health curriculum.	3
Decisions made in school programming shall reflect and encourage consistent positive nutrition messages and healthy food choices.	3

Physical Activity and Education	Rating
Healthy nutrition and physical activity shall be integrated across curricula and encouraged as a life-long behavior for the school community.	2
Schools shall implement nutrition and quality physical education programs as a part of a sequential, comprehensive school health curriculum.	3
Students shall be taught the short- and long-term benefits of being physically active and living healthful lifestyles.	2
The District shall provide opportunities for students to develop the knowledge and skills for physical activities to maintain students' physical fitness.	3
Physical education shall meet or exceed state mandates for physical education and shall be taught by a licensed physical education teacher.	3

Other School-Based Wellness Activities	Rating
The District policy and goals should be considered when planning school-based activities such as school events, field trips, celebrations, PTO/Booster Club functions, dances and fund raising activities including ala carte items, school store, vending machines and other school-sponsored fund-raisers.	3
The Board strongly encourages the administration and staff at individual schools to coordinate their student wellness initiatives with the formal Wellness Plan for the benefit of documenting such efforts and sharing ideas across the entire District.	2
The District shall encourage staff to participate in healthy eating, physical activity and wellness activities	3
The District values the health and safety of its staff members and shall plan and implement materials and activities that support and promote healthy behaviors.	3
The District shall provide opportunities for students to develop the knowledge and skills for physical activities to maintain students' physical fitness.	3

Policy Monitoring and Implementation	Rating
The Board delegates primary administrative oversight of this policy and the District's local Wellness Plan to the Superintendent or his/her designee who shall direct and monitor the District-wide implementation of the District's Wellness Plan and related nutrition guidelines, including monitoring school-level compliance with the Plan;	3
The Superintendent or his/her designee shall oversee the periodic evaluation of the Wellness Plan and its implementation at least as often as such formal assessments are	3

required under applicable regulations, including having primary responsibility for ensuring the timely preparation of a written report following each such assessment.	
The Superintendent or his/her designee shall ensure opportunities for stakeholder group involvement in the development, implementation, and periodic review and updating of the District's Wellness Plan in a manner that is consistent with the requirements of applicable federal regulations and the specific content of the Wellness Plan.	3
The Superintendent or his/her designee shall keep the Board and the broader community informed of the Wellness Plan, the District's and each applicable school's progress toward achieving Wellness Plan goals, and any recommendations for changes and improvements to the Plan, including any changes that are based on the results of a formal assessment.	3
Various stakeholders will be given the opportunity to participate in the development, implementation, and periodic review and updating of the District's Wellness Plan through the District's Wellness Advisory Committee. This committee shall assist in implementing, monitoring and reviewing district-wide nutrition and physical activity policies. Wellness subcommittees will be formed to serve as resources to individual schools for implementing wellness policies and guidelines.	3

Section 2: Progress Update

Through this policy review and evaluation using the WellSAT 3.0 Assessment Tool, collaboration toward policy enhancement across multiple departments clarified needed additions and improved practices.

Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

Local Wellness Policy Strengths

Through the policy review process, it became clear that the Policy Monitoring and Implementation area is very strong with clear and effective practices in place. The Wellness Plan is well articulated and reviewed on an

annual basis and the Wellness Advisory Committee consists of a diverse and qualified team of a physical education teacher, a health education teacher, a nutrition services representative, a counseling/social services representative, a medical professional, district administrators, and community members.

Areas for Local Wellness Policy Improvement

The review of the Nutrition Standards of Foods and Beverages prompted additions of how we communicate free and reduced lunch requirements and how the Pewaukee School District can more effectively partner with families. The Wellness Advisory Committee also emphasized the explicit provision of available free drinking water and this statement was added to our policy. It was evident that a statement addressing this standard was missing. Lastly, future efforts shall include policy provisions that address foods and beverages containing caffeine at the high school level and the purchasing of local foods for the school meals program.

Comprehensiveness Score:
{Score}

Strength Score:
{Score}